## Here's What You Get:

# Guide to Healthy Divorce How to Protect Your Family While Ending Your Marriage

This report is **32 pages**, **single spaced**. There is no fluff, no filler, no nonsense. Only high quality, helpful information. You can view the TOC and read <u>an excerpt</u> on the next slides.

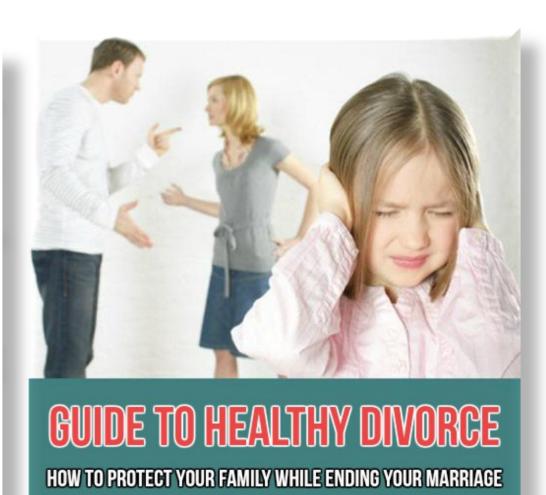
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## GUIDE TO HEALTHY DIVORCE HOW TO PROTECT YOUR FAMILY WHILE ENDING YOUR MARRIAGE

### Introduction

"Divorce is the psychological equivalent of a triple coronary bypass..."
- M.K. Blakely

Divorce is hard on every member of your family. Whether you are a husband, wife or child amidst a divorce, life can at times seem unbearable and heavy. This primer will help you cope with the emotional impact divorce has on families, and also provide you with tools you can use to navigate life with ease during and following your divorce.

M.K. Blakely had it right... Divorce CAN feel like a triple coronary bypass surgery... BUT you can recover, and preserve your joy, and that of your children.

You can even learn how to preserve a cooperative parenting relationship with your ex, even if you remarry and move on in many (though not all) cases.

This book focuses on many aspects of divorce, including the prevalence of divorce in many industrialized nations. Most importantly, this book will focus on family, and provide parents who have children some guidance so they can help their children feel united and strong despite the circumstances surrounding your relationship.

It is important for parents to remember that for many children, especially young children, divorce can be a confusing and very frightening time. Even older children often hold resentment and express confusion following a divorce. This is often the source of one or both parent's fears during divorce.

The good news is you can learn to literally navigate your way through divorce while minimizing the impact divorce has on your children.

You do not have to make divorce a problem. For some couples, divorce may be the only way to restore amicable relations amongst all members of the family, including you and your partner. In the interests of your children, this is better anyway.

## Here's What You Get:

# **DIVORCE**The Last Resort

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THE DECISION TO DIVORCE PROFIT PACK

## DIVORCE: THE LAST RESORT

Chances are, we all know someone who is divorced - probably several some ones. The U.S. Census
Bureau says that 50 percent of all marriages entered
into today will end in divorce. That's a lot of broken
homes, heartaches and paperwork, not to mention
money spent on attorney fees and court costs.

But, some say those percentages of future doomed marriages have to be interpreted based on other factors. Barbara Whitehead and David Popenoe's "The State of Our Unions," which was prepared at Rutgers University for the National Marriage Project, says that there are several important social factors that affect that 50 percent estimate. For example, your risk of divorce decreases by:



- 30 percent if your annual income is more than \$50,000
- 24 percent if you had a baby more than seven months after you got married
- · 24 percent if you were over 25 when you got married
- 14 percent if your own parents never divorced
- 14 percent if you go to church as a family
- 13 percent if you attended some college

In this report, we'll find out why divorces are easier to get now than they used to be and learn about the types of divorce, what the procedures are and what's involved in the final divorce agreement. We'll explore mediation as an alternative to litigation and see what it takes to get a DIY divorce.

### **Types of Divorce**

#### Fault vs. No-fault Divorce

In 1970, California changed the way people looked at divorce as well as the ease at which they could get out of a marriage by passing the first **no-fault divorce** law in the United States. Before that, in order to get a divorce, one spouse had to have done something wrong -- be "at fault" for the failure of the marriage. Those

## Here's What You Get:

## **Parenting Through Divorce**

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## PARENTING THROUGH DIVORCE

#### 1 - RELEVANCE OF DIVORCE TO CHILDREN

There are few adults and parents who are not aware of the challenges and potential difficulties that divorce imposes on children. There are literally thousands of books written about the impact of divorce on kids, both from a positive and a negative perspective. The good news out of this rather depressing research is that parents, through their actions both towards their children as well as towards each other, have a huge influence on how children will adjust to the divorce both in the short and long term.

No parent going through a divorce needs the added stress, anxiety and worry of how their actions are negatively affecting their children. By understanding how to minimize the negative aspects of divorce for children, knowing the typical responses of children to divorce, and working with the other parent to maintain the loving, nurturing environment that a child needs through the divorce, parents can help children to adjust to their new lifestyle. Stressing parent co-operation and communication with regards to raising the child or children is critical, but so is being civil, respectful and positive towards the other parent with regards to their abilities to be a wonderful Mom or Dad to the child.

Many parents struggle to help their children cope with the emotional pain of divorce and learning to live with Mom and Dad in two separate homes. Very few children, or parents for that matter, find that the time they get to spend together is enough. Mom and Dad working together to accommodate each other schedules and the schedules and needs of the kids will help in addressing some of the inequity that is inherent in co-parenting through a divorce and after.

Divorce is no longer an uncommon occurrence in most countries of the world. While countries in North America tend to have higher divorce rates than other developed and developing countries, there are still some common trends and numbers to divorce around the world.

#### PREVALENCE OF DIVORCE

It is estimated that the overall divorce rate in the United States is approximately 51% and in Canada it is 48%; Japan's divorce rate is about 27%, Australia is around 40% and Great Britain has a divorce rate of about 38%. The number of divorces per year tends to be increasing in many areas, with second and subsequent marriages having a higher overall divorce rate than first marriages.

## Here's What You Get:

# Effects of Divorce Coping with the Break Up of A Family

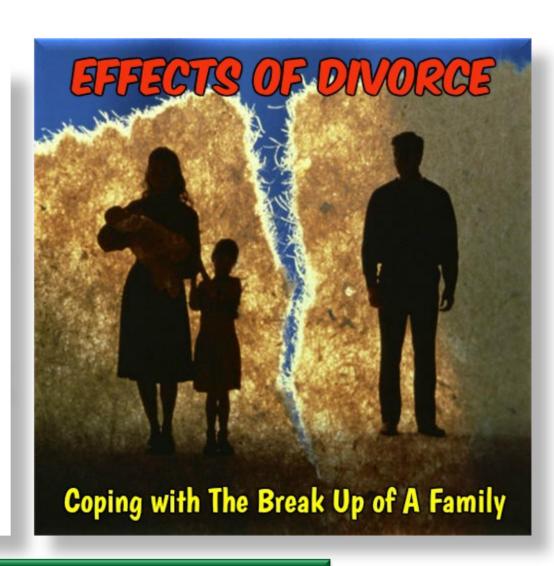
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# EFFECTS OF DIVORCE COPING WITH THE BREAK UP OF A FAMILY

### Divorce and Effect:

#### It's Emotional, Physical, Financial and Societal Impact

Divorce is one of the most heart wrenching events an individual must endure. Considering that 40% of marriages in the United States end in divorce, it is a sad reality for millions of individuals.

The effect of divorce touches many areas of a person's life, such as emotional, financial, and physical. The financial aspect of divorce can be staggering. Divorce leads to two households existing on one income. When children are involved, even with child support, financial hardships usually arise. Women more often than men are granted custody of the children after a divorce. In some instances, this reduces their ability to secure high-paying employment.

Divorce may increase financial hardship when child support is not received, or the non-custodial parent does not feel that they have an obligation toward their children. The government does provide a welfare system for divorced parents and their dependent children; resulting in even harsher consequences of divorce and its effect on society as a whole.

#### Divorce and its Effect on the Whole Family

The grieving process that follows any loss happens in divorce as well. The dissolution of a marriage is a death of sorts and those going through a divorce grieve. Depression and anxiety often follow on the heels of a divorce and affect all parties involved, including the children of the union.

The physical implications of divorce are somewhat controversial. There have been studies that have shown a positive correlation between divorce and incidence rates of stroke, cancer, parasitic diseases, acute infectious diseases, and digestive and respiratory illnesses. It was even shown that married cancer patients are more likely to recover than cancer patients who were divorced. Overall, divorced men have lower life expectancies than married men. Divorce does have a physical impact, although to exactly what extent is hotly debated.

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## The Secrets to Buying a New Car That Will Not Let You Down

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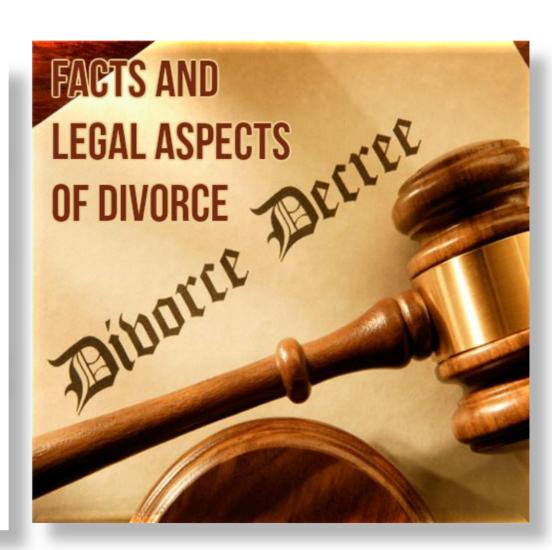
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## FACTS AND LEGAL ASPECTS OF DIVORCE

### DIVORCE FACTS:

#### **Fault And No-Fault Divorces**

Divorce is a legal process in which one or both parties in a marriage can ask to have their marriage contract voided. There are a number of reasons why individuals may choose to obtain a divorce. Some of these reasons include infidelity, irreconcilable differences, physical or mental cruelty etc.

Sometimes divorces can be accomplished in a very civil manner, while other divorces may be very mean-spirited and vengeful. In addition, the accumulated assets of the divorcing couples are divided between the two individuals. Complicating factors could include custody battles and visitation rights of children born from the marriage.

Therefore, all of these variables have caused some court systems to embrace nofault divorces. Knowing the difference between fault and no-fault divorce is an important differentiation to understand if you are considering divorce or are currently involved in divorce court proceedings.

#### What Is No-Fault Divorce?

No-fault divorce is a legal proceeding that results in the marriage between two individuals being terminated. This termination of the marriage can be initiated by either marriage partner.

In addition, this dissolution of the marital bonds can be pursued by the person requesting the divorce without having to give proof or evidence of any wrong-doing on the part of the other individual. Often the reasons that are stated, when requesting a divorce, can include such phrases as 'irreconcilable differences' or 'for reasons of incompatibility.'

Also, the divorce can be pursued by either member of the marriage despite any opposition raised by the other marital partner.

#### **Fault Divorce**

A fault divorce is also a legal proceeding that culminates in the dissolution of the marriage. However, a fault divorce requires the individual who is petitioning for a divorce to provide a reason for the request.

## Here's What You Get:

# Single Parenting It's Not Easy, But the Rewards are Well Worth the Challenges

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#### C. MAKING EVERYDAY COUNT AND MAKING A DIFFERENCE!

- The transition and new circumstance journeying down the path of the single parent
- Seeing things from the child's point of view
- A new path and survival plan for single parents rewards and challenges
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## SINGLE PARENTING: IT'S NOT EASY BUT THE REWARDS ARE WELL WORTH THE CHALLENGES

### A. Introduction

Would it be at all shocking to you, to hear and learn that as many as ONE THIRD of families in the USA today, are headed up by a single parent (both male and female representatives)?

Personal circumstance, divorce, abandonment, even death, leaves the main custodial, remaining parent having to cope with all the care-giving, nurturing, role-modeling, challenges, rewards, obstacles and joys meant for a partnership of TWO! It can be overwhelming and wonderful, nightmarish and extremely tough – all at once. This practical, hands-on guide will take an overview of some of these and offer advice that can be used EVERY DAY!

#### (i) Why a book on the Rewards and Challenges of Single Parents?

Few parents are really prepared for dealing with the aftermath of the loss of a partner, let alone a fellow parent, regardless of the cause.

Oftentimes feelings of desperation, being overwhelmed and stressed out, are very typical. Single parenting demands are nothing to snuff at, they can seem like insurmountable challenges and steep hills to climb on any given day! THEY ARE NOT TO BE UNDERESTIMATED...

The challenges are very real! Luckily, so are the rewards. Yes, there are two sides to this coin! YOU CAN MAKE A DIFFERENCE AND BE A SUCCESSFUL SINGLE PARENT. With the handy tips, suggestions and recommendations in this e-book you will discover the joys and secrets of single parenting.

Here are just some of the major, initial challenges most single parents face: (NOTE: you might actually recognize a few already or be able to add a couple of your very own...)

- Coping with loss (of a partner, lover, friend and fellow-parent)
- Assuming additional roles and responsibilities (being everything to everyone)
- Enabling and Adjusting to the new role and circumstances
- Providing continuity and avoiding disruption for the children and family

## Here's What You Get:

# Blended Parenting How to Make a New Relationship Work After Divorce

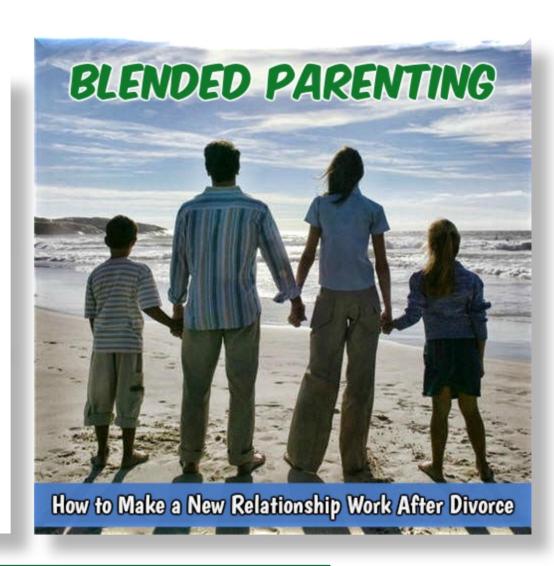
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## BLENDED PARENTING HOW TO MAKE A NEW RELATIONSHIP WORK AFTER A DIVORCE

Blended parenting... what is it and how can you make it work for you? What blended parenting is may depend on the person you talk to. In this special report we'll define blended parenting as the art of combining your family post-divorce with your new family.

New Family = You, Your Children, Your New Husband or Partner, AND Your Ex's Family

Many parents who divorce at some point or another will find they are in a new relationship, or remarry. If marriage happens you may find you have a blended family. You may marry someone who has children that join your own from your previous marriage. Or, your ex now must face the fact that your new husband is part of your family in much the same way your children are.

Either way, in some way your families must learn to blend with one another. When a family comes together under such circumstances, children often find it difficult to adjust. Depending on how long it has been since the divorce, it may take them even longer to adjust.

This simple and concise special report will guide you through the top 10 strategies you can adopt to make blended parenting work for you, in a way that is least stressful for you AND your children AND your extended family.

Keep in mind blended parenting isn't ALWAYS possible. But, if you find you are in a position to make it work, it is best you arm yourself with the best tools you can get. Here are the top ten suggestions we have to make blended relationships work....

#### Top 10 Tips For Making It Work

You've had your divorce. The storm is over and the waters have calmed. You have rested comfortably in the "eye" of the storm for some time. But, at some point or another, you may find you are in love again. You may imagine that life will soon return to the bliss you once shared in your former relationship, and your children will gladly accept and embrace your new love and light.

# divorce plr article pack

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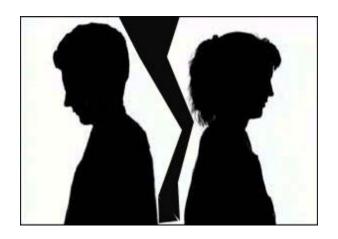
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