private label rights report #1

Here's What You Get:

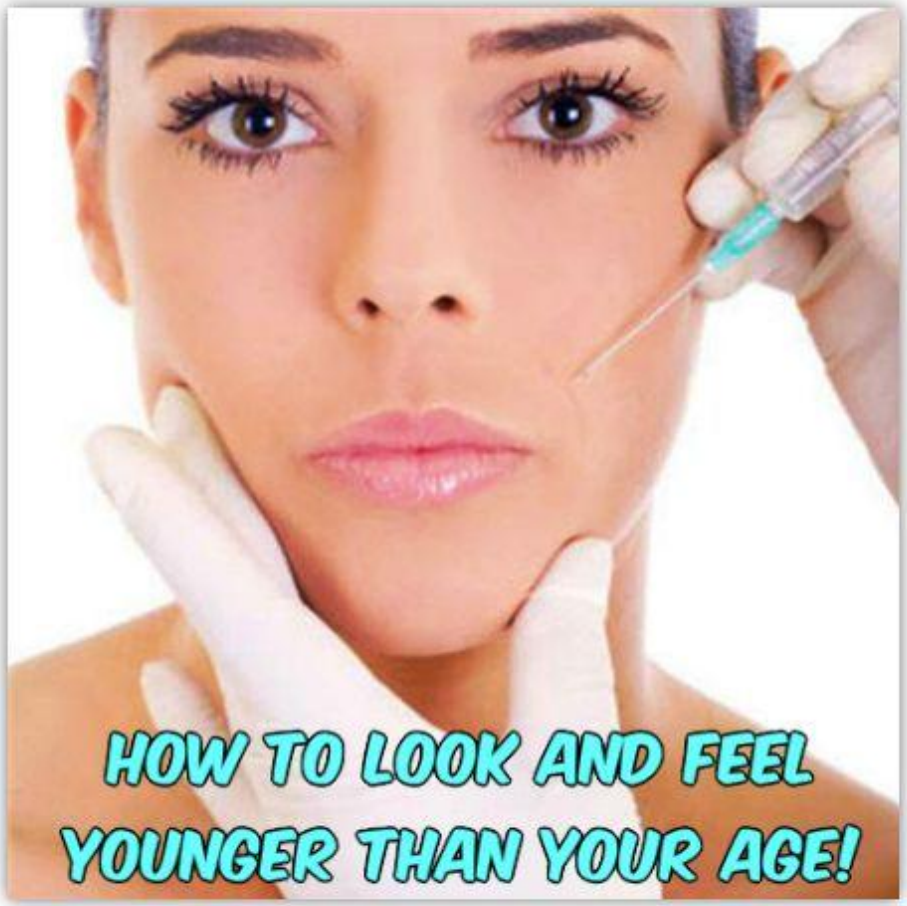
How to Look and Feel Younger Than Your Age

This report is **12 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information. You can view the Table of Contents on the next slide.

The report comes with the following:

- Word Doc (for easy editing)
- PDF Format Doc
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

TABLE OF CONTENTS

INTRODUCTION

LIFESTYLE

Fat
Fiber
Food
Supplements

MANAGING YOUR ENVIRONMENT

It's A Killer
Does It Come From Grandma?
Your Environment And Disease
Exercise

ATTITUDE AND AGING

Sex After 50
Retirement

LAST MINUTE TIPS

HOW TO LOOK AND FEEL YOUNGER THAN YOUR AGE

INTRODUCTION

The truth is we begin the aging process just as soon as we pop out of the womb. Every day of our lives our bodies slough off and regenerate new cells. The speed at which that process takes place when we are children is vastly different as we get older.

For years explorers searched for the illusive "fountain of youth." Unfortunately, it does not exist or you wouldn't be reading this.

Every day you are bombarded daily with commercial messages that attempt to lure you into believing that the most recent miracle drug is just what you need to fight off the ravages of Mother Nature.

At times it seems as though there are more miracle methods than ever being flashed in front of your eyes each day... and there are. Ask any advertising executive and they will admit that there are more advertisements than ever touting everything designed to cash in on a huge market. What is that market? It's the aging Baby Boomers.

We are living longer as a whole. Singularly, that can be a curse or a blessing depending on your perspective. In this report we will explore low and no cost methods you can use to help in the anti-aging process.

Some of our material may be new and some serve as reminders of things we may have forgotten. We may not have had much say in how we arrived on this earth, but we can certainly determine how and when we will depart. Just remember, YOU are in control.

LIFESTYLE

private label rights report #2

Here's What You Get:

How to Feel and Stay Young

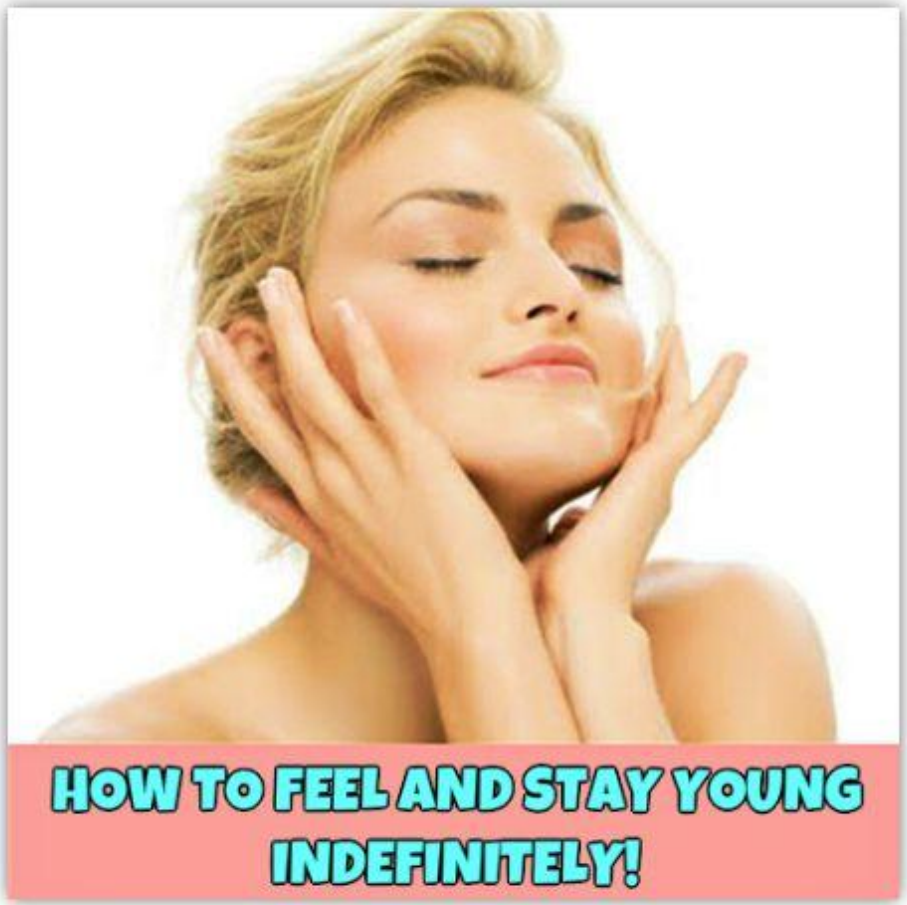
This report is **12 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can view the Table of Contents on the next slide.

The report comes with the following:

- Word Doc (for easy editing)
- PDF Format Doc
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

TABLE OF CONTENTS

What's The Purpose Of Staying Young?
Staying Young Is About Attitude And Mindset
Why You Should Refrain From Negative Thoughts
Look, Think And Feel Young
Healthy Eating And Nutrition
Taking Vitamins And Supplements
The Secrets To Staying Young
Kick The Nicotine Habit
Lay Off Of The Booze
Drug Addictions
Get Plenty Of Rest
Your Emotions
Make New Friends
A Pet Can Be Just What You Need
Conclusion
Resources

HOW TO FEEL AND STAY YOUNG INDEFINITELY

What's The Purpose Of Staying Young?

What's the purpose of staying young, you ask. Well, there are a lot of positive aspects of staying young in a person's life. Staying young is something that is in demand now. There are many ways that you can look and feel that way, especially without having to shell out a lot of money.

How you do define being "young"? Being youthful describes a state of mind, body and heart. Being young usually refers to being healthy and that your mind is sharp. It is important to a lot of people as to why they would not want to age.

Some people know that aging can present some effects that they don't want others to see. It can also slow them down from functioning, which is something a lot of people don't want.

The Factors Of Aging

The aging process is not always a pretty sight. It causes changes that affect you internally as well as externally. The two places that they are noticeable are the hair and the skin. You can also feel a difference in your tissues and cells, but you won't see them. However, you may feel them inside your body. When you age, it affects each cell in your body.

The presence of fat comes about on your tissues and other organs inside your body. Because of this, your organs slowly start losing cells and your body doesn't function like it used to. Your bones, muscles and skin began to get stiff.

The cell membranes lose their ability to retain oxygen and start releasing carbon dioxide. Since there are so many cells in your body, you probably won't recognize that your body is constantly losing cells and therefore your body's ability to function is weakened.

private label rights report #3

Here's What You Get:

Anti-Aging Facts

This report is **11 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

SOME FACTS ABOUT ANTI-AGING
KEEPING THAT YOUTHFUL LOOK

When we were in our late 20s, several of my friends and I began to worry about turning 30. In our minds, this particular milestone seemed to mark the beginning of aging. And, in fact, I was about 30 when I noticed the first fine lines appearing in the folds between my nose and mouth.

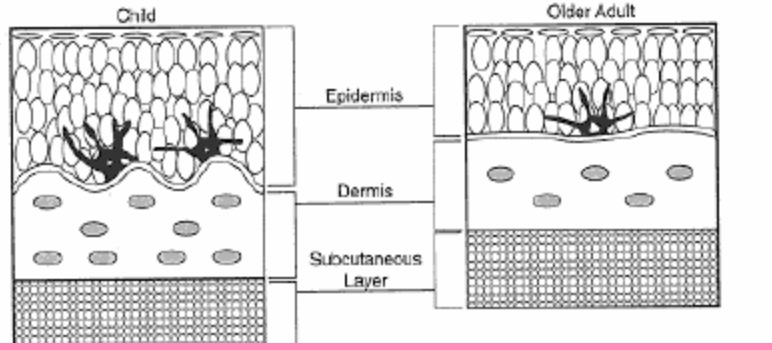
Today, I see this sort of self-consciousness about aging in general, and about skin aging in particular, in many of my patients. They grow anxious about any signs of getting older, and they worry that the changes they see aren't normal.

What happens to our skin over time? Which changes can we expect to see, which can be avoided, and what can we do to promote beautiful skin at all ages?

BEAUTIFUL SKIN: THE LONG-TERM VIEW

Everything in our body changes as we get older, and skin is no exception.

How does it change? While this seems like a simple question, skin aging is actually very complex. It involves a lot of separate but interrelated processes that go on throughout life. Over time, they lead to noticeable differences between the skin of a child and an older adult (see the diagram).



private label rights report #4

Here's What You Get:

Bad Skin Decisions

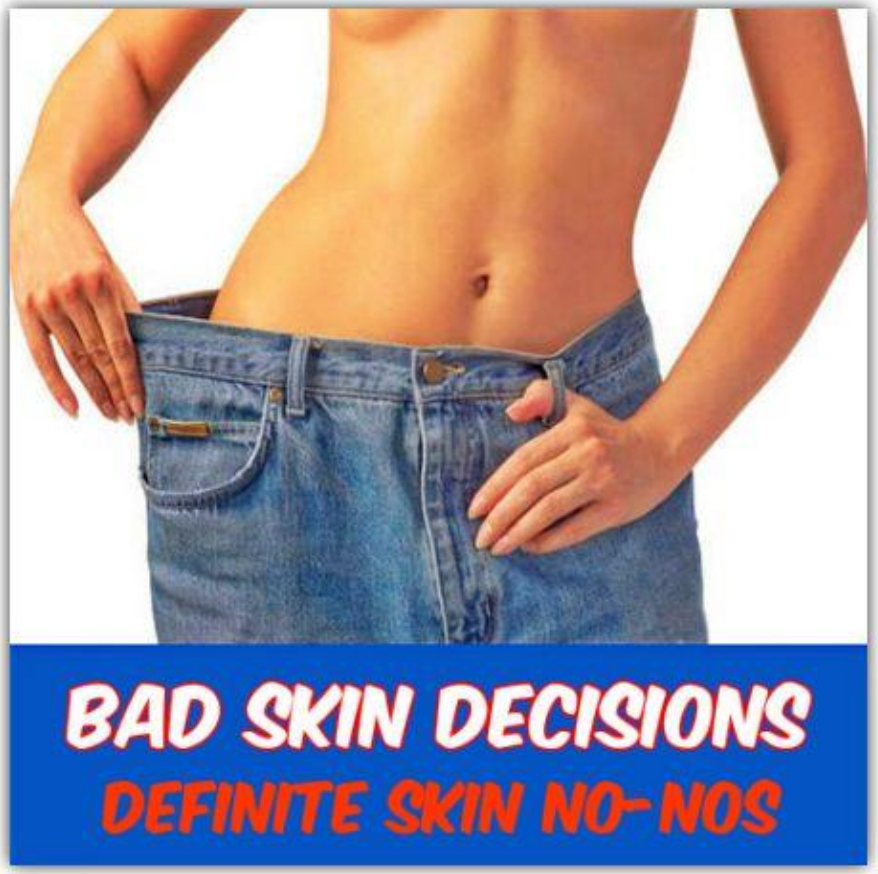
This report is **9 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

BAD SKIN DECISIONS
DEFINITE SKIN NO-NOS

Recently my friend Marti had a terrible day. A busy pediatrician, she saw patients all day long, and then rushed to pick up her kids from daycare and get home in time to fix dinner. The baby was crying, the older kids were fighting, and in the midst of it all, her husband called to say he would be late and ask if she could please take their eldest daughter to softball practice. Marti drove her daughter to practice, rushed to the grocery store, picked up her daughter, drove home, and worked on a report till 1 a.m. Then she got up five hours later and did it all again.

The next day was just as busy, and so was the day after that. By week's end, Marti noticed small red bumps breaking out on her arms. Soon the bumps spread into patches of red, inflamed skin that drove her crazy with itching. After three days of torture, Marti had enough. She made an emergency appointment with me.

Look at this! she gasped, showing me her arms. Where on earth did this come from? Those are hives, I said. Are you allergic to anything? No, she said wryly. Except maybe my own life!

STRESS AND YOUR SKIN

Marti's self-diagnosis was more accurate than she realized. Intense stress had given her a bad case of hives. Indeed, you could say she had become allergic to her life.

Marti's case is not unique. Many of us suffer from stress, which can show its ugly self in a lot of unexpected places, including our skin. Why does stress affect us this way? The answer lies deep in our history.

Fight, Flight, and Flesh

private label rights report #5

Here's What You Get:

Help From Hydroxy Acids

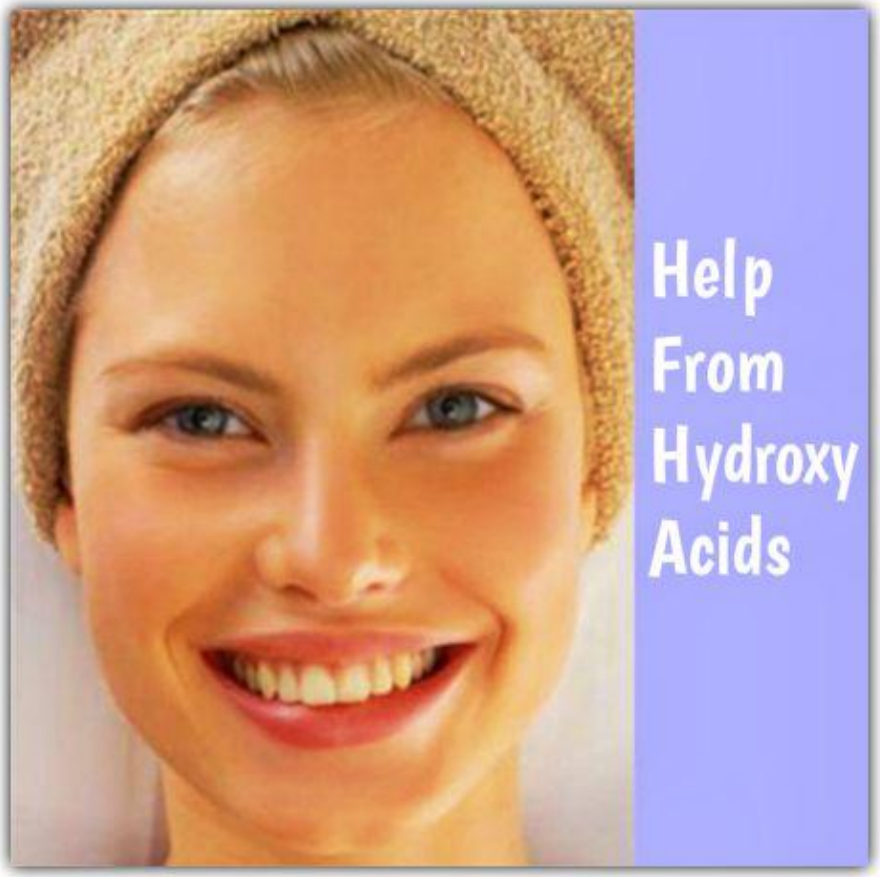
This report is **8 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

HELP FROM HYDROXY ACIDS

Wow! Did you see this? said Maria. She handed me a magazine opened to an article. The headline blared: Finally, the miracle we've all been waiting for! Scientific studies prove alpha hydroxy acids erase wrinkles! Below was an article announcing a wonderful new cream that could make you look 20 years younger.

Several other friends came over to look at the article. I've heard about alpha hydroxy acids, said Teresa. They're supposed to be great. What do you think, Marsha?

Oh, don't ask her, said Maria good-naturedly. She'll just tell us it's all hype. She knows too much!

Certainly this article is a lot of hype, I responded, but alpha hydroxy acids themselves may be valid. I'm not saying to believe everything you read about them, but they may be useful.

ALPHA AND BETA HYDROXY ACIDS: THE FACTS BEHIND THE FICTION

All kidding aside, I do take product advertising claims with a great deal of salt. However, there are some occasions when the truth is just stretched a bit and, in this report, we'll look at a category of non-prescription skin-care products that may really be able to help you. Of course, I still advise you to be skeptical of most publicity claims.

The fact is, alpha and beta hydroxy acids do not work miracles, but they may be worth looking into.

Alpha Hydroxy Acids and Ancient History

private label rights report #6

Here's What You Get:

Tretinoin and Antioxidants

This report is **11 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

TRETINOIN AND ANTIOXIDANTS: THE AGE-TAMERS?

One rainy afternoon, Sally made an appointment with me. Congratulate me! she said. Today I'm 50. Congratulations, I responded. While I'm certainly glad to see you, what on earth are you doing here? Why aren't you out celebrating and having fun?

But this is fun, she said cheerfully. Today I'm going to do something I've wanted to do for a long time. It's time I did something to make myself look better. I want to get a prescription for Renova®!

WHAT IS TRETINOIN?

Like Sally, many people who consult me are interested in trying tretinoin, a long-time acne drug that is becoming popular as a treatment for photoaging. Often it's referred to by its brand names: Retin-A®, Renova® or Avita®.

A synthetic derivative of vitamin A, tretinoin is classified as a keratolytic drug, which loosens and removes the keratinrich horny layer of the skin. (Other keratolytic drugs include sulfur preparations and salicylic acid, the beta hydroxy acid we discussed in the previous chapter.)

From Acne to Wrinkles

For more than a quarter-century, doctors have prescribed tretinoin to treat acne. Like alpha and beta hydroxy acids, it is a mild acid that, when applied topically, helps dissolve the bonds connecting skin cells in the horny layer. The skin sheds cells more easily, which unplugs pores, increases cell turnover rate, and counteracts the formation of pimples.

private label rights report #7

Here's What You Get:

The 10 Biggest Enemies To Your Skin's Health and Appearance

This report is **10 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format









ANTI-AGING SKIN CARE PROFIT PACK

The 10 Biggest Enemies to Your Skin's Health and Appearance

Think for a minute about your worst enemy. Chances are you don't really have one. Unless you're a comic book character or have done something really bad to someone in the past few years, you probably don't have what you would call an enemy.

And that's good news of course. Anyone that is told to think of their worst enemy and immediately thinks of ten or twelve people might want to think about some type of counseling, or at the very least a good home security system!

An enemy however doesn't necessarily mean a soldier or mercenary that's out to kill us or to destroy our family, the way we might think of the word. An enemy is really just a foe, or someone that is opposed to us and our goals. While we think of the word as being applied to a real person, it can also mean just general concepts or circumstances.

For instance, someone trying to lose weight and stay in shape might consider the fast food industry as an enemy. Because they spend so much on advertising and because they're on virtually every street corner, this temptation is in direct opposition to their goals. They're an enemy to that aim you have of being in good shape and being healthy. So referring to them as an enemy might be a bit harsh, but it's also very fitting.

Along the same lines you might think of an enemy as anything that's opposed to something you're trying to accomplish, and this might even include your own habits and such. You've probably heard the phrase, "He's his own worst enemy," and this can be true for so many things. Our laziness can be the biggest enemy or threat to those weight loss goals. Our own quick temper can be a threat to the health of our marriage and other relationships, so we make ourselves an enemy to those things.

private label rights report #8

Here's What You Get:

10 Quick Steps to Wrinkle Free Skin

This report is **14 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

10 Quick Steps to Wrinkle-Free Skin

Wrinkles are a part of life and there's probably nothing you can do to keep yourself from getting them completely. Even if you lived in a cave and out of the sun for your entire life, old age will eventually take its toll.

But you can prevent many wrinkles and treat your skin in such a way that eliminates or reduces the wrinkles you now have. Here are 10 quick reminders of how you can do just that:

1. Drink water, and plenty of it.

Water is probably the most critical part of smooth skin. The body needs hydration for all its systems, and if you're dehydrated the skin will be one of the last organs to get this necessary nutrient. So drink water every day. Do whatever you need to do to get adequate amounts in your system. Sneak it into your daily routine, or find a water substitute that you can drink such as sports drinks, fruit juice, Crystal Light, and so on.

2. Get your exercise.

Exercise is great not just for your body's shape, but for the shape your skin is in as well. When you exercise regularly, you increase your blood and oxygen levels and these two elements bring needed nourishment to your skin. Blood also takes away impurities and helps fight free radicals, two important parts of having healthy skin. You don't need to train for a marathon to be successful in adding exercise to your system, but you should be getting quality exercise every single day.

3. Take your makeup off at night.

private label rights report #9

Here's What You Get:

Just What Is Skin, Anyway?

This report is **14 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

Just What is Skin, Anyway?

It may seem like a strange question to ask, what is skin? Everyone alive has it; not only that, it's everywhere you look. No matter how bundled up you are against the weather, you still expose some skin, as will the person next to you.

Skin is something we typically don't think that much about, but it really is a fascinating topic and a very interesting part of the human anatomy. To talk about how to fix a skin problem such as wrinkles, we do well to talk about just what is skin to better understand why it gets wrinkles, acne, blackheads, freckles, moles, and so on.

AN ORGAN

Quick, can you name the body's largest organ? It's actually the skin. That's right, the skin is an organ just like your liver or your brain. It's the only organ that can exist outside the body and that is nourished from the inside out, so to speak.

Expose any other organ to daylight and you need to be sure that you're doing so only under very strict surgical procedures. If your liver or your brain gets exposed to the outside elements, it can die very quickly even if your heart is still feeding it blood and it's receiving adequate oxygen as well. Our other organs are not meant to live outside the body, whereas our skin is not meant to be submerged in blood inside the body the way all the other organs are.

The definition of an organ in terms of biology is an element that has two types of tissues working together to perform a specific function. Your liver is an organ because it is designed to assist with the body's metabolic function. The kidneys act as a filter. Organs are different from muscles because muscles exist for the sake of movement and do not perform a function on their own. You use your arm muscles only when your body makes them contract, either because you consciously reach for something or because the body reacts on its own.

private label rights report #10

Here's What You Get:

Taking Care of Your Skin

This report is **8 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

Taking Care of Your Skin

Everyone's skin is as different at their hair color. There may be some elements in common, but typically it's very unique just to you.

Taking care of your skin might involve some particular steps that you yourself need to be aware of and what works for one person isn't going to work for you. Someone with very oily skin should have a different skin care regimen than someone with very dry skin. However, skin is still an organ of the human body and like all the other parts of the body, there are some things that we all have in common when it comes to its care.

When it comes to wrinkles in particular, sometimes an ounce of prevention is worth a pound of cure, as they say. Anything and everything that you can do to keep your skin healthy before you begin to see the first sign of wrinkles is going to help tremendously. Also, taking good care of your skin in general is going to help your wrinkles fade or at least be less noticeable. We'll discuss wrinkles themselves specifically in a later section, but for now we're going to cover some very basic but important aspects of general skin care.

Skin, like so many other parts of our body, survives with blood and oxygen. Let's discuss those two elements now.

OXYGEN CIRCULATION

Most people think that oxygen in the body is provided by the lungs. In reality, the lungs filter the oxygen that we breathe in through our air passages. However, once that oxygen is filtered it is actually the blood that carries it to the cells in the body, including the skin cells.

private label rights report #11

Here's What You Get:

Why We Get Skin Problems

This report is **6 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

Why We Get Skin Problems

Have you ever been jealous of someone with very beautiful skin? Whether it's that Hollywood starlet or someone you work with, when you see very beautiful skin you often can't help but to look at it. There's something very appealing about smooth, blemish-free skin.

Unfortunately, perfect skin is usually rare and very hard to come by. From acne and blackheads to scars, stretch marks, rashes, rosacea and so many other problems, skin is not always perfect. Some of these problems are just inherent and genetic, while others are things that we've brought on ourselves.

FACE PROBLEMS

Blemishes and other problems on the face are really no laughing matter. When in school it's not unusual to hear kids teasing one another about having pimples or other problems, but for those who suffer from these things, it can be very serious.

Imagine for a moment that you have severe scars all over your face, maybe from an accident. No matter which way you turned, your scars were very visible to everyone around you. You know that when people look at you, all they see are those deep inroads in your face. How would you feel? How comfortable would you be around people knowing this is what they see when they look at you? You would be nervous about making conversation and would probably very rarely smile.

People with severe blemishes on their face can feel just as bad as that person with severe scarring. They become extremely self-conscious and feel that those blemishes are the only things that people see when they look at them. So if you

private label rights report #12

Here's What You Get:

Natural Skin Care Remedies

This report is **6 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

Natural Skincare Remedies

If you're not quite ready for Botox or dermabrasion or anything else so harsh, there are some natural remedies you can try for wrinkles and for taking care of your skin overall.

Each function and part of the body relies on specific chemicals to keep it active and healthy, and each part of the body needs different elements for it specifically. For instance, muscles are made up of mostly protein, and so anyone looking to build muscle needs to eat an adequate amount of protein. Fiber is necessary for the digestive system, and fiber binds to food and makes it easier to digest and move through the intestines. Persons without an adequate amount of fiber in their diet will typically experience constipation, bloating, and other digestive problems.

So it is with our skin. There are certain elements that help keep it healthy and vital, and we'll discuss these here.

Vitamin E oil

Vitamin E oil is thought by many to be a magic trick for skin and a very important part of any skincare regimen. It's natural and good for the skin overall. Vitamin E is an essential part of skin's composition and keeps it moisturized and flexible. A lack of vitamin E in your system will result in dry skin, whereas an adequate amount will moisturize and hydrate your skin.

You can use vitamin E oil in caplet form by taking one every day, or you can use vitamin E oil directly on the skin. This oil is typically sold at any pharmacy in small jars; many people use a small makeup wedge or sponge to blot the oil on their face. You can even do this under your makeup, but is especially important at night.

private label rights report #13

Here's What You Get:

Wrinkles, Scars and Other Serious Skin Problems

This report is **6 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

Wrinkles, Scars and Other Serious Skin Problems

Many serious skin problems, including wrinkles and scars, have some elements in common. For one, they are sometimes permanent. Some wrinkles, scars, stretch marks, and other such damage to the skin are just going to be there permanently, and will require cosmetic surgery to cure.

If your wrinkles are bothering you, you have many options to help eliminate or at least reduce their appearance. Wrinkle treatments include:

TOPICAL REMEDIES

Topical retinoids are remedies derived from Vitamin A. They are often used to reduce smaller wrinkles such as around the eyes, uneven pigmentation or coloring on the face, and even roughness of the skin.

These retinoids can be labeled as Retin A or just retinol. They can also make your skin a bit more sensitive to elements such as sunlight and wind, so you often need to protect yourself with caps and scarves and such. You can also burn more easily as well. Some patients experience dryness or itching.

There are other non-prescription wrinkle creams that you can purchase over the counter at any pharmacy or retailer. Some are more effective than others, and much of this will depend upon your skin as well as the product and ingredients themselves.

alpha hydroxyl

private label rights report #14

Here's What You Get:

Stress and Your Skin

This report is **5 pages, single spaced**. No fluff, no filler, no nonsense. Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

Stress and Your Skin

Not many people make the connection between stress and your skin's condition. Many people think that what we feel emotionally has nothing to do with our physical well-being and may dismiss this connection as being nothing more than new age hocus pocus.

In reality, the things we go through mentally and emotionally can take quite a toll on us physically, and the condition of our skin is no exception.

Why does stress do this? How does it affect the body and specifically the skin in this way?



Do you know why stress affects your skin condition and causes wrinkles?

STRESS AND THE SYSTEM

Humans have many built-in mechanisms for dealing with threats, and stress is an end result of something that we translate as a threat.

Some may argue this point and say that stress is not the result of a threat; you feel stressed in rush hour traffic but don't feel as if this is a threat to your well-being. But remember that when humans deal with threats, it's more than just to our physical safety. As humans we need things other than food, clothing and shelter - we need love, respect, companionship, a sense of security, and so on.

threats to emotional well-being

private label rights report #15

Here's What You Get:

What Causes Wrinkles

This report is **12 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.

You can read an excerpt on the next slide.

The report comes with the following:

- Word Doc (For Easy Editing)
- Finished Product in PDF Format
- Cover Graphics in .JPG format





ANTI-AGING SKIN CARE PROFIT PACK

What Causes Wrinkles?

Our skin is an amazing organ that is designed for many purposes. It keeps our innards in and the nasty stuff out. It keeps us cool when we need to and warm when we're not. But our skin is more than just some plastic baggie that holds everything together. Understanding its design and structure a bit better will help us to understand just what causes wrinkles in the first place.

Skin's Composition

Much of what causes wrinkles has to do with the proper hydration of the skin and of the way it is made.

As we age, the middle layer or dermis of the skin begins to reproduce less rapidly, making the cells in this layer further apart. The dermis also contains collagen fibers which are like proteins that support the outer layer of skin. This collagen begins to lose its firmness so that the outer layer will hold depressions and creases more easily.

Think of two pillows, one made of feathers and one of firm foam. If you push down on the one made of foam, it won't hold that shape of your hand as easily as when you push down on the one made of feathers. The collagen in your skin is like that foam. As it weakens, it becomes less firm and more like those feathers. Every time you smile or crease your forehead, the skin is less and less able to bounce back from those depressions.

And as the collagen begins to break down, your face will just naturally lose much of its shape and wrinkles will develop. Usually a person will develop wrinkles about the same time they develop loose jowls or sagging skin around their neck and chin line. This is because the collagen is breaking down so that the skin is not as firm as it once was.

private label rights report #16

Here's What You Get:

Anti-Aging Secrets and Tips

This report **is 5 pages, single spaced**.
There is no fluff, no filler, no nonsense.
Only high quality, helpful information.
You can read an excerpt on the next slide.

The report comes with the following:

- Editable Word and RTF Docs
- PDF Format Doc
- HTML and Text Versions
- MOBI, ePub and Amazon Versions
- Cover Graphics in JPG & PNG format





ANTI-AGING SKIN CARE PROFIT PACK

Anti-Aging Secrets and Tips

Introduction

As we age, our bodies slowly begin to deteriorate. Our skin wrinkles, our hair turns gray, and body parts start to sag. While a few brave souls embrace these changes as part of life, most of us aren't interested in doing so. We want to fight aging with everything we can!

Many people think aging is something that happens naturally, and there is nothing you can do about it. If you're one of those people – think again! There are plenty of things you can do to delay the effects of aging.

In this report, you're going to learn some of the most important ways to protect yourself from the effects of aging. You'll learn how to take care of your skin, your hair, and the rest of your body in order to keep yourself looking and feeling your best as you age.

Forget "growing old gracefully"! You should fight aging with everything you've got!

So let's get started.

Skin Care

Changes in the skin are among the most noticeable effects of aging. As we get older, the collagen that keeps the skin stretchy and elastic begins to deteriorate. This causes the skin to lose its elasticity, which leads to wrinkles.

Collagen supplements can be helpful. Most collagen supplements are available in both liquid and pill form, and often it comes packages with other supplements such as glucosamine and chondroitin.

Anti-aging tips
private label article image pack






Article Titles:

- 3_Secrets_and_Tips_For_Anti-Aging.txt
- 7_Beauty_Tips_for_Looking_Younger.txt
- 10_Steps_To_Look_Younger.txt
- 10_Steps_You_Can_Take_To_Slow_Down_Aging.txt
- 20_Simple_Wrinkle_Erasers.txt
- Anti_Aging_-_Natural_Techniques.txt
- Anti_Aging_and_Genomics_for_Women_s_Health.txt
- Anti_Aging_Facial_Skin_Care.txt
- Anti_Aging_Skin_Care_Tips.txt
- Anti_Aging_Skin_Care_Truths_and_Techniques.txt
- Anti_Aging_Skin_Products.txt
- Antioxidant_Antiaging_-_The_New_Beauty.txt
- Causes_of_Aging_and_Fixes.txt
- Collagen_and_Fat_Injections_for_Smoother_Skin.txt
- Collagen_injections_on_the_forefront_of_cosmetic_plastic_surgery.txt
- Conquering_the_Effects_of_Aging.txt
- Do_Any_Of_These_Anti-Aging_Creams_Work_.txt
- Do_Skin_Tighteners_and_Skin_Creams_Help_to_Reduce_Wrinkles_.txt
- Do_Those_Anti-Aging_Creams_Really_Work_.txt
- Do_you_know_what_the_best_Antiaging_Skin_Care_Product_is_.txt
- Effective_Skin_Care_and_Anti-Wrinkle_Skins.txt
- Face_The_World_With_Your_Satiny-Smooth_Skin.txt
- Facial_Exercise.txt
- Facial_Lines_and_Wrinkles.txt
- Fighting_the_Visible_Signs_of_Aging.txt

Includes:

- 25 Topical Articles **with Private Label Rights**
- 40 Topical Images and Thumbnails **with Private Label Rights**

BOTOX ALTERNATIVES

private label article image pack






Article Titles:

- All There Is To Know About Botox Injections.txt
- Anti Aging Facial Skin Care.txt
- Are Botox Treatments A Miracle For Wrinkles Or A Toxic Scare.txt
- Botox - Is It Really Safe.txt
- Botox - The Rumor Mill.txt
- Botox - The Temporary Wrinkle Solution.txt
- Botox - What Does It Do.txt
- Botox - What Is It.txt
- Botox Alternative - Moisturizer Wrinkle Cream Thats Works.txt
- Botox Information And History.txt
- Botox Injections.txt
- Botox Parties.txt
- Cosmetics With Oxygen - The Alternativ To Botox.txt
- Headaches And Botox Injections.txt
- How Botox Equates To Stepford Wives.txt
- Is Botox Right For You.txt
- Is There Better Than Botox.txt
- The Dangers Of Botox Skin Care.txt
- What Are Botox Injections And Are They For You.txt
- What Is Botox.txt

Includes:

- 20 Topical Articles **with Private Label Rights**
- 15 Topical Images and Thumbnails **with Private Label Rights**

SKIN WHITENING
private label article image pack






Article Titles:

- Advantages-Of-Homemade-Skin-Whitening-Products.txt
- Avoid-Exposure-To-Sun-When-Undergoing-A-Skin-Whitening-Treatment.txt
- Buying-Skin-Whitening-Products-Things-You-Should-Know.txt
- Natural-Skin-Whitening-Treatments-The-Best-Solution-For-Dark-Spots.txt
- Proper-Diet-The-Key-To-Spotless-Skin.txt
- Protect-Your-Skin-From-Brown-Spots-With-High-SPF-Lotions.txt
- Skin-Whitening-Everything-You-Need-To-Know-About-Skin-Color.txt
- The-Sun-The-Most-Powerful-Enemy-Of-Skin-Whitening.txt
- Treating-Dark-Spots-Caused-By-Acne.txt
- Types-Of-Brown-Spots-The-Skin-Problem.txt

Includes:

- 20 Topical Articles **with Private Label Rights**
- 15 Topical Images and Thumbnails **with Private Label Rights**

Plr article pack #1 (25 Articles)



ANTI-AGING SKIN CARE PROFIT PACK

Plr article pack #2 (25 Articles)

Name

- A Guide to Your Anti-Aging Treatment Routine.txt
- Anti Aging Treatments - Grey Hair Treatments.txt
- Anti-Aging Treatment - Anti-Oxidants.txt
- Anti-Aging Treatment - Comprehensive List of Popular Treatments.txt
- Anti-Aging Treatment - Cosmetics and Cosmetic Surgery.txt
- Anti-Aging Treatment - Lifestyle Change.txt
- Anti-Aging Treatment All About Antioxidants For Your Skin Care.txt
- Anti-Aging Treatment Don't Ignore the First Signs.txt
- Anti-Aging Treatment Quick Tips and Simple Ideas.txt
- Anti-Aging Treatment Start Taking Care of Your Body and Skin.txt
- Anti-Aging Treatment The Rationale Behind It.txt
- Anti-Aging Treatments - Popular Options for Gaining the Bonus Years Part II...
- Anti-Aging Treatments - Popular Options for Gaining the Bonus Years.txt
- Anti-Aging Treatments - Treatment of Age Spots.txt
- Anti-Aging Treatments -Brightening a Dull Complexion.txt
- How Anti-Aging Treatment Products Work.txt
- Important Points To Remember With Anti-Aging Treatment.txt
- Natural Anti-Aging Treatment Ways.txt
- nti-Aging Treatment - Getting Back Hormonal Balance.txt
- Seven Healthy Anti-Aging Care and Treatment Quick Tips.txt
- The Importance of Antioxidants in Anti-Aging Treatment.txt
- The Role of CynergyTK and Phytessence Wakame in Your Anti-aging Treat...
- Three Simple Tips That Aid In Your Anti-Aging Treatment.txt
- What Anti-Aging Treatment Moisturizer Does To Your Skin.txt
- What You Should Know About Anti-Aging Treatment Creams.txt



ANTI-AGING SKIN CARE PROFIT PACK

Plr article pack #3 (25 Articles)



ANTI-AGING SKIN CARE PROFIT PACK

Plr article pack #4 (25 Articles)

Name

- A Little Know How about Botox Injections for Wrinkles.txt
- A Wrinkle in Time, Understanding Your Skin.txt
- Can-We-Prevent-Wrinkled-Skin.txt
- Chemical-Peels-Can-Remove-Wrinkles.txt
- Different Treatments for Eye Wrinkles.txt
- Getting-Rid-of-Wrinkles.txt
- Home-Remedies-for-Wrinkles.txt
- List of Good Anti Wrinkle Creams.txt
- Modern approaches to skin wrinkle treatment.txt
- Natural Ways to Go about Wrinkle Reduction and Prevention.txt
- Nine-Wrinkle-Fighting-Foods.txt
- Over-the-Counter-Wrinkle-Removers.txt
- Short-Term-Wrinkle-Solutions.txt
- Skin Care Tips to Avoid Developing Wrinkles.txt
- Smoking-Causes-Wrinkles.txt
- The Different Antioxidants for Wrinkle Treatment.txt
- The lowdown on wrinkles.txt
- The relationship between the sun and wrinkles.txt
- The Search is on for the Best Wrinkle Cream.txt
- Treatment for skin wrinkles.txt
- Understanding skin wrinkles.txt
- Various-Exercises-to-Remove-Wrinkles.txt
- What Causes a Wrinkle.txt
- What-Are-Wrinkles.txt
- Wrinkle Cream for the Eyes.txt



ANTI-AGING SKIN CARE PROFIT PACK

Plr article pack #5 (25 Articles)

Name

- Age Defying Options For Men.txt
- Age-Defying Hair.txt
- Anti-Aging Effects of Blueberries.txt
- Antioxidant and Its Promise for a Younger You.txt
- Be Breakfast-Pretty.txt
- Being Young And Healthy With Apricots.txt
- Celebrity Secrets To Staying Young.txt
- Combat Aging Wisely.txt
- Escape Aging.txt
- How To Look Younger.txt
- Keeping Skin Youthful.txt
- Keeping Your Brain Young.txt
- Lie Without Saying A Word - Tips on Staying Youthful.txt
- On Being YOUNG.txt
- Places Where People Live Young In Their Old Age.txt
- Resist The Force Of Aging.txt
- Say Hello To A Forever Young You.txt
- Staying At Home Is Not Always Equal To Staying Young.txt
- Staying Young - the Japanese Way.txt
- Staying Young And Healthy With Nuts.txt
- Staying Young is Just Another Meal Away.txt
- Sweeten Your Home And Feel Good.txt
- The Right Water To Stay Young.txt
- Where To Go To Delay The Aging Clock.txt
- Wonder Products For The Skin.txt



ANTI-AGING SKIN CARE PROFIT PACK

Plr article pack #6 (25 Articles)

Name

- Caring for your Skin.txt
- Dress Sense and Fashion.txt
- Dump the Baggage.txt
- Enjoying Life.txt
- Environment.txt
- Essential Fats.txt
- Exercise.txt
- Finances.txt
- Grape Seed Antioxidant.txt
- Hair Removal.txt
- Hair Style and Color.txt
- Healthy Eating.txt
- High Blood Pressure.txt
- Human Growth Hormone.txt
- Hydration.txt
- Makeup.txt
- Medication.txt
- Meditation.txt
- Middle Age and Stomach Fat.txt
- Natural Skin Products.txt
- Nutrition.txt
- The Air that We Breathe.txt
- The Effects of Smoking on Aging.txt
- The Power of the Mind.txt
- Weight Loss.txt
- Yoga.txt

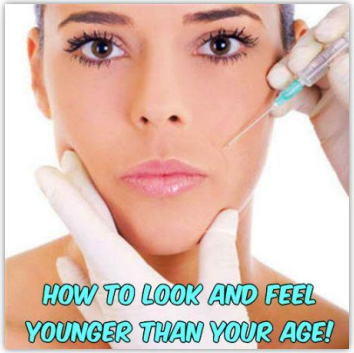


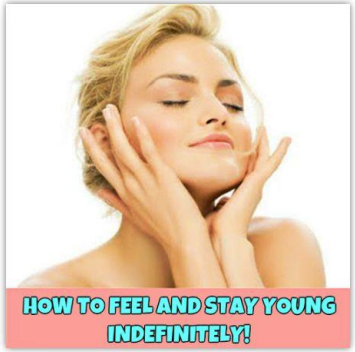
STAYING YOUNG
PLR ARTICLE PACK

ANTI-AGING SKIN CARE PROFIT PACK

To Review… Here is all that you get in this pack…

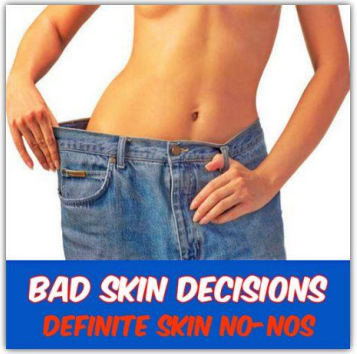
16 Info-Packed Reports with Private Label Rights

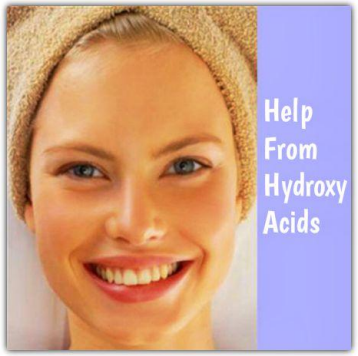
























To Review… Here is all that you get in this pack…

16 Info-Packed Reports with Private Label Rights









Each report comes in editable Word doc format, PDF format and includes a cover graphic.

To Review… Here is all that you get in this pack…

9 Article Packs with Private Label Rights







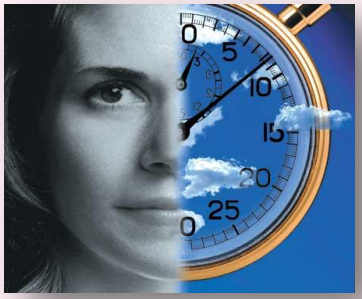












You get 25 PLR Articles in each pack (3 of the packs include images as well). *Just think of all you can do with these articles – create blog posts, reports, eBooks, eCourses, social media content… there is literally no end to how you can repurpose it.*